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HALIFAX • THURSDAY, SEPTEMBER 3, 2009

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Sports pg 11

Balsillie's bid for Coyotes still on hold



4 teens arrested after pellet shootings

CRIME Four 16-year-old boys were arrested Tuesday night after Halifax RCMP say pellet-gun bullets were fired at residences and people around the Mic Mac Drive/Cree Street and Norman Road area of Hammonds Plains.

Police say at 9:40 p.m. they responded to a complaint of several youths in a black Honda Civic driving around and firing pellets at homes and people from a single pellet gun.

Police later located four youths at the Irving service station on the Hammonds Plains Road. They were arrested and taken into police custody.

"That's a pretty serious incident," said RCMP spokesman Cpl. Joe Taplin. "These youths drive around thinking it's some type of prank firing pellets at residences."

"Even though it's a pellet, it still can cause a serious injury to somebody."

The four youths were all released to their parents later Tuesday night and Taplin said the investigation is on going. **METRO HALIFAX**

Comment pg 8

Spenders go with savers

Style pg 15

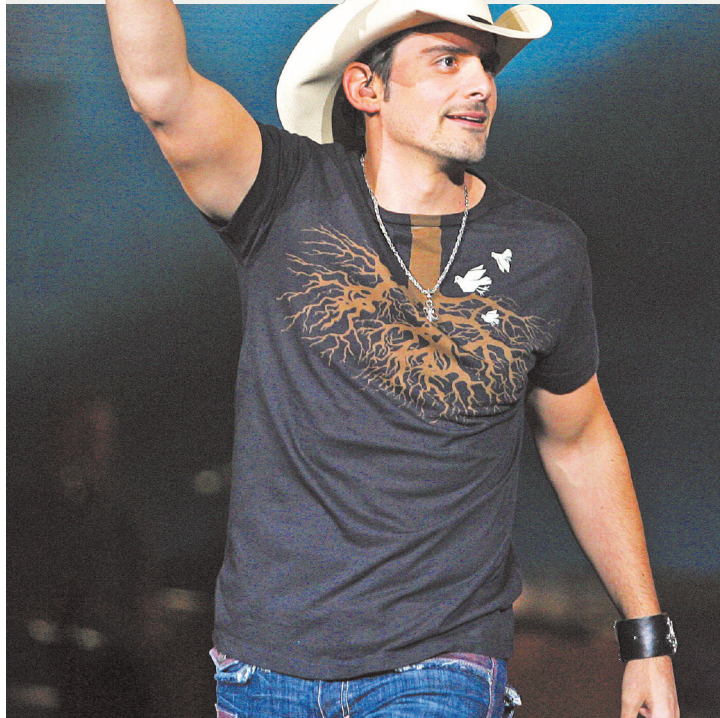
Pulling off white in fall

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Metro Centre

Country crooner



Country music star Brad Paisley performs at the Halifax Metro Centre last night. Dierks Bentley and Jimmy Wayne were the opening acts. Paisley continues his American Saturday Night tour tonight with a stop in Saint John.

Accused seeks trial by judge, jury

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COURT Halifax lawyer Anne Calder was scheduled to appear in court yesterday, but it wasn't just for another day's work — it was for her own arraignment.

But Calder, the former Crown attorney accused of smuggling drugs to a client in jail, was a no-show and instead sent defence lawyer Craig Garson to appear on her behalf in Dartmouth

provincial court.

Garson told Judge Frank Hoskins Calder has waived her right to a preliminary inquiry and wishes to be tried by judge and jury.

It was also decided Calder would appear Sept. 17 in Nova Scotia Supreme Court to have dates set for her trial. Neither Garson nor federal Crown attorney Paul Adams would comment to the media following the brief courtroom exchange.

Calder, 56, was initially charged with trafficking the

painkiller hydromorphone, after guards allegedly caught her passing a package containing drugs to an inmate during a meeting July 14 inside the Central Nova Scotia Correction Facility in Dartmouth.

Halifax Regional Police have since laid additional charges of possession of hydromorphone for the purpose of trafficking and possession of marijuana for the purpose of trafficking, after a search of Calder's west-end Halifax home.

Election burnout

Fatigue may mean low turnout should federal vote come to pass

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The thought of yet another election for Nova Scotians is making some people cringe.

Halifax MP Megan Leslie appears to be among this group.

Asked yesterday if too many elections are taking place, the rookie MP paused, and then answered "yes" before letting out an exhaustive laugh.

"I really thought this last provincial election voter turnout would go up ... I thought people were really engaged with what was going on, and I was proven wrong," the New Democrat said from Quebec. "Voter turnout was down and I think it's because we have voter fatigue, we have election fatigue, we have promise fatigue, and it's not the right time for one."

Nova Scotians could be headed back to the polls for a ninth time in six years — and fourth in about 13 months — should a looming fall federal election come to fruition.

Election talk was amplified Tuesday when Liberal Leader Michael Ignatieff announced he would no longer support Prime Minister Stephen Harper and his minority Conservative government.

"We see the effect it has," Leslie said. "People are tuning electoral politics out and that's really dangerous because voting is so essential to our democracy."

Nova Scotia had record-low participation in June's provincial election.

But the good news for burnt-out voters is the province is under a majority government for the first time since 2003, meaning another election in Nova Scotia is likely a few years off.

Federally, it's a different story.

Jeff MacLeod, associate professor of political studies at Mount Saint Vincent University, said federal elections could happen even "more frequently" in the next decade than we've recently seen because of status-quo minority government.

He added federal politicians "aren't entirely blind" to the resistance some have to going back to the polls, but are also "guided by the pressure to hold the government to account and an election is a good way to do that."

"It will entirely be contingent on the enthusiasm and the effectiveness of the campaigns," he said of voter turnout in a possible fall election. "The last federal election was, quite frankly, a snoozer."



Megan Leslie

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Dal grad appointed Crown attorney

Dalhousie University law school graduate Alicia Kennedy has been appointed a Crown attorney for the Halifax office of the Public Prosecution Service. Kennedy, who is from Shubenacadie, won the prestigious Muriel Duckworth Award at her graduation in 2007 from Dalhousie law school. She previously worked for Saskatchewan Legal Aid. **METRO HALIFAX**

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Local

**Lt.-Gov Francis celebrates 3 years**

Nova Scotia Lt.-Gov. Mayann Francis is celebrating a special occasion this weekend. Francis is holding a celebratory mass and blessing in Sydney Sunday afternoon for her third year as the province's representative of the Queen. "It's wonderful to be able to celebrate this special occasion with residents of Sydney," Francis said in the release. "I would like to thank all Nova Scotians for their tremendous support over the past three years." The mass will be held Sunday at 2 p.m. at St. Philip's African Orthodox Church. **METRO HALIFAX**

**Industry should have been told of shellfish ban, agrees minister**

FISHERIES Ottawa should have given fishermen more notice that it was going to impose a ban on shellfish in the Maritimes, federal Fisheries Minister Gail Shea said yesterday.

Shea conceded her department and Environment Canada could have notified people in the industry before the restriction affecting several shellfish was issued Monday.

"We need to communicate that to industry, that there is a possibility that a shutdown might happen," she said in Halifax. "We can improve communications and ensure that there's earlier notification of a potential closure."

The minister said she has discussed the ban with the industry and her department after the closure was announced and fisheries groups complained they were caught off guard.

The ban was imposed because of concerns about the potential for increased bacterial levels brought on by heavy rains over the weekend that may have caused sewage systems to overflow.

Shea said the fishery could reopen tomorrow if tests being done on shellfish indicate there is no contamination.

THE CANADIAN PRESS**City firm to build 9 Coast Guard ships**

Vessels ready by 2013 in \$194M contract set to employ 155 over four years

The Canadian Coast Guard will get nine new patrol vessels under a \$194-million contract announced yesterday, years after Ottawa promised to build the ships and beef up the country's aging fleet.

Fisheries Minister Gail Shea said Irving Shipbuilding Inc. will deliver the first midshore patrol vessel in 2011 after the Halifax-based company beat out rival bidders from across Canada.

Standing on the Halifax waterfront and flanked by

hundreds of shipyard workers, Shea said the 43-metre-long ships will be used in national fisheries conservation programs, and security surveillance in the Great Lakes-St. Lawrence Seaway system.

"These ships ... are a new model for the Canadian Coast Guard," she said in front of a backdrop of navy vessels being refitted.

"With greater speed, broader range and the ability to operate in difficult environmental conditions, these ships will be more ef-

fective and efficient."

The vessels, which will be delivered by 2013, will replace aging coast guard ships that have been patrolling waterways

on an interim basis since the much-delayed program was announced in the 2007 federal budget.

Nancy Hurlburt, the coast guard's assistant



Gail Shea

commissioner for the Atlantic region, said the new assets will let them go out to sea for weeks at a time without having to come back to shore as they patrol for overfishing and other illegal activities.

But she said the nine falls short of the 12 that were originally pledged by the minister of fisheries when the budget was tabled in 2007. They'll now have to recondition three vessels now in service to make up for the shortfall.

Halifax Shipyard estimates the deal will employ 155 people over four years, giving hope to workers who have seen their industry ebb and flow over the last decade.

"It's good. It's going to take me right into retirement, I hope," said Art Howarth, a 48-year-old iron worker. "This here will definitely keep me in the yard with full-time work, which has been very rare over the last 10 years."

THE CANADIAN PRESS**Dal fit Sweet September**

Eric Wood-Salomon works out on the rings on the Wanderers Grounds yesterday while his friends catch their breath after completing their reps. The Dalhousie physiotherapy students were enjoying the warm September sun while doing their CrossFit training.

Man faces multiple charges after stabbing

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A 30-year-old man appeared in Dartmouth provincial court yesterday following a stabbing in Eastern Passage on Tuesday night.

Halifax RCMP say they responded to an address on Fredericks Lane at around 11:30 p.m., after a 31-year-old man apparently suffered a stab wound during an argument with another man. Both men were known to each other, police say.

"It was some type of altercation that started between the two," RCMP spokesman Cpl. Joe Taplin said yesterday. "It started as a fight then they proceeded to the veranda porch outside where the suspect pulled a knife and ended up stabbing the victim."

RCMP say the suspect then fled the scene, but

was eventually found nearby and arrested with the help of a police dog.

The victim was taken to hospital with what was believed to be non-life threatening injuries, police say. Taplin didn't know where on his body the victim was stabbed.

Joseph Patrick Bissett, 30, was in court yesterday facing charges of assault with a weapon, assault causing bodily harm and breach of a recognizance. He has been remanded to jail in Burnside Park pending an election and plea hearing Sept. 17.

This isn't the only criminal matter facing Bissett. He's also facing several charges from a separate incident, including refusing a breathalyzer, operating a vehicle while impaired and uttering death threats. He's back in court on those charges Sept. 29.

WITH FILES FROM THE CANADIAN PRESS

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What's online today.

Video A fall election looks more and more certain after Michael Ignatieff cancels a planned trip to China at metronews.ca/canada

Blogs It's Called Football reports that stadium renovations key to Vancouver's MLS future will go ahead

Lotteries

Lotto 6/49: 04, 06, 09, 30, 33 & 49 Bonus 13
These results are not official.

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Few cutbacks planned: Report 5 chosen for Order of Nova Scotia

Only 11 per cent of Nova Scotia's small businesses plan to cutback on their workers over the next few months, according to the Canadian Federation of Independent Business.

Yesterday the federation released the new version of its Business Barometer Index, which measures expectations of small- and medium-sized businesses across the country.

The barometer is now based on a scale between

0 and 100, a news release for the Atlantic branch said, adding Nova Scotia sits at 62.1 when it comes to business optimism in August, up from 58.6 in July.

Nevertheless, small business optimism in this province is the fourth-lowest in the country, the news release said.

The Business Barometer Index is also now measured monthly instead of quarterly. **METRO HALIFAX**

With a well-known provincial politician, a tireless poverty fighter, a Nobel Peace Prize nominee, a Holocaust educator and a Mi'kmaq advocate in the mix, it's an understatement to say this year's recipients of the Order of Nova Scotia are in a class of their own.

Premier Darrell Dexter announced the five people picked out of 79 nominations to receive the province's highest honour

Honourees

• There will be a special ceremony Oct. 7 at Province House to honour the recipients.

yesterday.

They are Michael Baker of Lunenburg, who died this year of cancer following a dedicated career as a cabinet minister; Melvin Boutilier of Halifax, founder and director of the Community Care Net-

work for the underprivileged; Muriel Duckworth of Bedford, who died last month after a long life crusading for social justice; Philip Riteman of Bedford, who continues to share his story of Holocaust survival with students of all ages and Viola Robinson of Truro, who has played an important role in the Made-In-Nova Scotia Process to address the needs of First Nations communities. **METRO HALIFAX**

Halifax Regional Police say a man was transported to hospital with non-life threatening injuries after being struck in the head with a bat after getting into an argument with another man. Police say the incident took place Tuesday just before 6 p.m. at 2437 Maynard St. in Halifax. **METRO HALIFAX**

Baby assault case delayed

7-week-old's death may elevate charges against parents

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The young couple charged with aggravated assault in the death of their infant daughter once again stayed out of the courtroom yesterday, and again their case has been delayed.

Ashiqur Rahman and Jane Gomes, both 23, stayed in holding cells instead of standing in Halifax provincial court, where the matter was adjourned until Oct. 14.

This is their third court appearance since police arrested and charged them July 25.

Although accused of aggravated assault, Halifax Regional Police have said those charges could be upgraded, since their seven-week-old baby died of her injuries at the IWK Health Centre a couple of days after charges were laid.

Police spokesman Const. Brian Palmeter said as of last week no changes had been made to any charges, adding, "there was no indication when, if any, changes would come."

"What we've been told is that they (the Crown) will notify us as soon as a decision is made, at which time we'll release it," he said yesterday. "We're still waiting for all the results from the autopsy to come in."

Defence lawyer Peter Mancini said yesterday legal aid is in the process of finding counsel to repre-



Ashiqur Rahman, above, and Jane Gomes, inset, are escorted out of Halifax provincial court in this file photo from July. Rahman and Gomes are charged with aggravated assault in the death of their daughter Aurora Breakthrough. The seven-week-old baby died at the IWK after spending several days in critical condition.

sent the couple. He said it's hoped both Rahman and Gomes will be able to enter pleas at next month's appearance.

The court also upheld an order prohibiting contact between the pair, which was enacted at their last

court appearance Aug. 12.

Rahman and Gomes are both from Bangladesh and have been staying in Canada on student visas. They had studied computer science at Acadia University in Wolfville, but were most recently living in a room

above The Good Food Emporium restaurant on Halifax's Göttingen Street.

That's where they were when they called 9-1-1 to report their baby was seriously injured.

WITH FILES FROM
THE CANADIAN PRESS

Police waited five hours to seek help for stroke victim, her family claims

EMERGENCY The family of a woman who suffered a stroke in a Truro jail cell last week claims it took police five hours to seek medical help.

Victoria Paul, 44, of Indian Brook, was on life support yesterday at the QEII Health Sciences Centre in Halifax. She was arrested for public intoxication early Friday in Truro. Her son, Deveron Paul, was arrested at the same time for allegedly breaching bail conditions.

Deveron Paul told CBC News yesterday that Truro police officers were rough when arresting him and his mother tried to intervene. He said she ended up struggling with several officers. "She was fighting back a little bit because they were restraining her,

but they were being too rough with her because I heard her screaming, 'You're bending my arm too hard,' and stuff like that," Paul said.

The two were placed in cells for the night and Paul said officers couldn't rouse her mother in the morning. He said he told them she needed to go to hospital but he claims they waited five hours before calling paramedics.

Kimber Paul, Victoria's sister, told the CBC the family wants to know why it took them so long to call 911. "The first time they saw her and she wasn't responding, why didn't they call then?" she said.

Paul said her sister is expected to be taken off a respirator today and will likely die. **THE CANADIAN PRESS**

Police on lookout for prowler in south end

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Halifax Regional Police are on the lookout for a prowler after a woman in the city's south end noticed a man looking in her living room window Tuesday evening.

Police say the incident took place just before 9:30 p.m. at her apartment on the 6000 block of Oakland Road, where the suspect also tapped on the window a couple of times before leaving on foot towards the front of the building.

"It's not believed at this point that he made an attempt to get in," police spokesman Const. Brian

Palmeter said yesterday.

The suspect is described as a five-foot-nine white man between 30 and 40 years old. He is said to have a medium build and was wearing dark clothing at the time.

Police don't think this case is related to a handful of incidents in south-end Halifax over the past year involving women waking to find an unknown man unknown watching them sleep. The man in those cases was described to police as being in his early 20s.

"That being said, part of the investigation will be to determine if there is any link," Palmeter said. "At this point, it's not believed to be connected."

Khat smuggling case plea pushed back

KRISTEN LIPSCOMBE
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The young woman accused of trying to sneak a large amount of an East African drug over the Canadian border earlier this week is back in custody after a brief appearance yesterday in Dartmouth provincial court.

Zulaika Antonette Felix, 27, is charged with possession for the purpose of

Khat facts

- A 2008 RCMP report claims khat is the drug most often smuggled into Canada.
- Khat is a regulated substance in many countries, and has been banned in the U.S. and several European nations.

trafficking and importation under the Controlled Drugs and Substances Act. Officers with the Canada

Border Services Agency arrested the Netherlands native Sunday at Halifax Stanfield International Airport after a search of her two suitcases allegedly turned up 180 bundles of khat, a flowering plant that is illegal in Canada.

Felix was supposed to have her show cause hearing yesterday, but the Nova Scotia Public Prosecution Service confirmed her election and plea has been adjourned until Sept. 16.

A few CBSA officers waited in the courtroom yesterday for Felix to make her appearance. The agency allegedly found more than 15 kilograms of the drug in her luggage. When the green parts of khat are ingested, the active ingredients can produce a stimulant effect similar to an amphetamine.

Khat is legal in the Netherlands.

WITH FILES FROM
THE CANADIAN PRESS

P.E.I. may ban calling-and-driving

SAFETY Prince Edward Island could be joining Nova Scotia as the province's government plans to reintroduce legislation in the fall to ban talking and texting on hand-held cellphones while driving.

Last year a P.E.I. legislative committee studied the issue and heard input from the public as well as different groups and businesses.

The committee didn't recommend a ban at the time.

Transportation Minister Ron MacKinley says further information and statistics

have since come out proving that using hand-held cellphones while driving is dangerous.

MacKinley says he plans to reintroduce legislation and he says he hopes "it goes through."

A cellphone while driving ban came into effect in Nova Scotia last year. Newfoundland and Labrador and Quebec also have bans in place. Ontario's ban comes into effect in October, while Saskatchewan plans to introduce legislation this fall. **THE CANADIAN PRESS**



News in brief

TRAFFICKING A 26-year-old man was to appear in Dartmouth provincial court yesterday on drug trafficking charges after Halifax Regional Police say the driver of a vehicle in the Churchill Court area was found with some crack co-

caine in his possession. Police say they found the drugs after seeing a vehicle being operated by someone prohibited from driving.

DRUGS Two Halifax men will appear in court at a later date

on drug possession after Halifax Regional Police conducted a traffic stop in the 200 block area of Herring Cove Road on Tuesday night. Police say when they approached the vehicle around 8:30 p.m., they observed the driver attempt-

ing to hide something. The driver was then arrested and searched, and police say they found marijuana on him. Another occupant in the vehicle was also in possession of marijuana, police say.

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the **bay**

Canada's mines and energy ministers have identified regulatory restructuring as their top priority to position the country for the recovery of the mining sector. Provincial and territorial ministers wrapped up two days of meetings in St. John's, N.L. **THE CANADIAN PRESS**

Canada



N.B. getting an early budget

New Brunswick Premier Shawn Graham said yesterday he will table an early budget in December because of the economic meltdown, a move that critics said is intended to distance the government from poor financial management ahead of next year's provincial election. Graham announced yesterday he would deliver the 2010-2011 fiscal budget on Dec. 1, several months earlier than usual.

THE CANADIAN PRESS

Free speech rights upheld

Ban of Internet hate messages 'unconstitutional': Tribunal

A ruling from a Canadian Human Rights Tribunal member says a controversial law banning Internet hate messages is unconstitutional because it violates free speech protections.

Athanasios Hadjis ruled yesterday that section 13 of the Canadian Human Rights Act violates Charter protections.

While this decision doesn't throw out the law — that's something for the courts — it did let accused hateronger Marc Lemire off the hook, because Hadjis refused to penalize him or order him to stop posting his messages.

If the example is followed by other tribunal members, it could mean an end to section 13 cases.

Section 13

- The section originated in the 1960s as a tool against racist phone hotlines and was later extended to the Internet. It's come under harsh criticism recently.

Conservative pundit Ezra Levant, who has written a book on what he calls "abusive" human-rights bodies, expressed wonder at the decision.

"This is the first time in 32 years that anyone has been acquitted under the censorship provisions of the Canadian Human Rights Act," he said. "That's amazing — and to have the law declared unconstitutional is even more of a breakthrough."

Hate accusations are filed with the Canadian Human Rights Commission. If it finds them valid, they are then taken before the tribunal, which can order people to stop posting material on the web or impose fines of up to \$10,000.

Lemire was accused of posting anti-Semitic and anti-gay material on web sites in a complaint brought by Ottawa lawyer Richard Warman. Warman has become an Internet watchdog for such material and the main section 13 complainant before the tribunal.

He had asked for a cease-and-desist order against Lemire and a \$7,500 fine.

Hadjis thought otherwise.

He found that Lemire violated section 13 in at least one instance involving an anti-gay message. However, he declined to impose any penalty because he found the sections at issue unconstitutional.

"The restriction imposed by these provisions is not a reasonable limit within the meaning of section 1 of the Charter," Hadjis wrote. "Since a formal declaration of invalidity is not a remedy available to the tribunal, I will simply refuse to apply these provisions for the purposes of the complaint against Mr. Lemire and I will not issue any remedial order against him."

THE CANADIAN PRESS



Liberal Leader Michael Ignatieff kisses the head of a baby boy as he's held by wife Zsuzsanna Zsohar following the Liberal's summer caucus yesterday in Sudbury, Ont.

No turning back, says Ignatieff

POLITICS Michael Ignatieff says there's no turning back on his decision to try to topple the Harper government this fall, and it's now up to the other parties to decide what they want to do.

The Liberal leader suggested yesterday that there's nothing Prime Minister Stephen Harper can do to persuade Liberals to continue propping up the minority Conservative government.

"We're not in negotiation here. We did that in June," Ignatieff told a news conference wrapping up a three-day Liberal caucus retreat. Ignatieff backed away from the brink of an election in June, agreeing to negotiate potential reforms to employment insurance over the summer.

But he said those negotiations, which quickly became mired in partisan squabbling, proved the Harper government can't be trusted to deal in good faith with opposition parties.

The bipartisan working group on EI reform was to meet again today but Conservatives said the Liberals have now walked out of the discussions.

Ignatieff threw the election ball into the court of

Trip cancelled

- Liberal Leader Michael Ignatieff is cancelling a week-long trip to China due to his self-declared threat of a fall federal election, The Canadian Press has learned.

the NDP, which has consistently voted against Harper secure in the knowledge that the election-wary Liberals would avoid defeating the government.

"It's up to the NDP to decide. I can't decide for other parties."

Since Ignatieff's announcement Tuesday that Liberals will no longer support the government, New Democrats have been making noises about a possible election-averting deal with the Tories.

NDP Leader Jack Layton is to hold a news conference Thursday to clarify the party's position.

The Bloc Québécois, which has also consistently voted against the government, has not yet responded to the abrupt change in Liberal strategy.

Privately, Liberal strategists doubt either the NDP or the Bloc will agree to prop up Harper.

THE CANADIAN PRESS

Woman charged in baby attack

WINNIPEG A 19-year-old woman has been charged with attempted murder after a 14-month-old girl had her head smashed repeatedly against a sidewalk.

Nikita Solange Eaglestick is also charged with abduction and aggravated assault, Winnipeg police said yesterday.

Const. Jason Michalysen said police still don't understand why the girl, identified by family as Vanessa, was attacked, but said there was a party in the area and drinking was involved.

THE CANADIAN PRESS

News in brief

HEALTH Canada's top health officials say the country is not lagging behind other nations in flu preparation and Canada is on track to have a swine flu vaccine by mid-November. Health Minister Leona Aglukkaq said recent criticism that Canada is unprepared for a second wave of the pandemic is unfounded.

DECLARATION The former high-profile Ontario cabinet minister criminally charged in the death of a bicycle courier says he's innocent of the accusations against him. Michael Bryant made the comments in a statement yesterday.

THE CANADIAN PRESS



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Weapons stockpile found buried in Greece

Greek authorities say they have discovered eight anti-tank rockets buried in northern Greece. The cache was found in a forested area outside Thessaloniki. **THE ASSOCIATED PRESS**

7

World

Deadly earthquake rocks Indonesia

A powerful earthquake rattled southern Indonesia yesterday, killing at least 33 people crushed by falling rock or collapsed buildings and sending thousands fleeing outdoors for safety in the middle of the work day.

Hospitals quickly filled with more than 300 people injured when the magnitude 7.0 quake struck off the southern coast of the main island of Java, where most of Indonesia's 235 million people live.

With dozens reported missing, the death toll was expected to rise. Disaster officials said hundreds of homes and buildings had collapsed or were severely damaged in three districts in densely populated West Java.

The worst report of fatalities was from a village in Cianjur district, where 10 bodies were recovered from a landslide. About 30 people were still believed trapped



People stand outside a house destroyed by an earthquake in West Java, Indonesia, yesterday. At least 33 people were killed.

under rocks and dirt, the official Antara news agency reported.

"Most of them are housewives and children who were playing PlayStation in a buried house," Entang Kurniawan, another resident, told broadcaster TVOne.

A tsunami warning was issued after the quake

struck, but was revoked an hour later.

Muharamham Ardan, a university lecturer in the town of Tasikmalaya, about 115 kilometres from the epicentre, said it was the biggest quake he had ever felt.

"We all ran out in panic, we didn't even put our sandals on," he said.

THE ASSOCIATED PRESS

Bombing kills Afghan officials

AFGHANISTAN A Taliban suicide bomber attacked officials leaving a mosque east of Kabul yesterday, killing the country's deputy intelligence chief and 23 other people in a major blow to Afghanistan's security forces.

A Taliban spokesman claimed responsibility for the bombing, which happened as Afghan dignitaries were leaving the main mosque in Mehtarlam, after Ramadan ceremonies.

The bomber approached the crowd on foot and detonated an explosive belt, killing 23 people, including Abdullah Laghmani, deputy chief of Afghanistan's National Directorate for Security and the target of the attack, according to provincial spokesman Sayed Ahmad Safi.

The chairman of the local

Karzai closer

• Afghanistan's election commission says President Hamid Karzai is moving closer to the 50 per cent threshold that would allow him to avoid a run-off in the country's presidential election. In results released yesterday, Karzai has 47.3 per cent of votes counted while top challenger Abdullah Abdullah has 32.6 per cent.

provincial council and the executive director of the local governor's office also died in the blast, Safi said.

Laghmani, a close ally of President Hamid Karzai, was a major figure in Afghanistan's security and intelligence apparatus and his death was a setback to Afghan efforts to curb Taliban activity.

THE ASSOCIATED PRESS

Minister injured in brazen attack

PAKISTAN Suspected militants opened fire on a vehicle carrying Pakistan's religious affairs minister yesterday, wounding him and killing his driver in a brazen attack in the heart of the capital. Hamid Saeed Kazmi had been critical of militants blamed for scores of attacks in Pakistan over the last three years. Fellow ministers said extremists were suspected in the shooting.

THE ASSOCIATED PRESS

Official says fire was human-caused

CALIFORNIA Firefighters made more progress yesterday against a giant wildfire that has ravaged a national forest north of Los Angeles as investigators searched for more information about how the fire started.

Deputy incident commander Carlton Joseph said that the fire was human-caused, but it's not known specifically how it was started or whether it was accidental

OR ATSON. **THE ASSOCIATED PRESS**

News in brief

LIBYA The man convicted in the 1988 Lockerbie bombing was taken to intensive care yesterday after his illness from terminal prostate cancer worsened, family members said. Abdel

Baset al-Megrahi's health has swiftly deteriorated since he was released from a Scottish prison less than two weeks ago and returned home to Libya to die.

THE ASSOCIATED PRESS

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Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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Comment

For the love of money

Study finds opposites attract when it comes to spending

Relating

Steve Collins

metronews.ca/collins

Money is not the most important thing in the world. Love is. Fortunately, I love money.

— Jackie Mason

In matters of money, is your ideal mate frugal or frivolous? The answer may be itemized in your own credit card statement.

Researchers at the University of Michigan's Ross School of Business who surveyed 1,000 married and unmarried adults identified a tendency for skinflints and squanderers to seek each other out.

The more unhappiness respondents reported with their particular monetary kink, whether it was overspending or oversaving, the more they were attracted to the other extreme. In this case, it seems opposites really do attract, and, as even a non-scientist might predict, that's trouble.

Take the typical couple's set-tos over money matters then add the irritant of one partner obsessively building a nest egg the other seems intent on poaching. Stir vigorously and duck.

At this anxious economic pass, obviously it's the profligate spender who's going to take the most flack, but what about the stimulus-choking hoarder? Neither extreme approach to money is necessarily a virtue.

Perhaps the cheapskates need to learn to loosen up a little as much as the shopa-

holics need a bit of self-restraint.

There's a simple division of labour argument to be made: If you either can't balance a cheque book or can't pry it loose for a much-needed vacation, it only makes sense to find someone who can. But can you ultimately live with that someone?

But as some women find themselves drawn, mortifying clichés notwithstanding, to the bad boy, perhaps Mr. Bad Credit Rating has a similar allure. I've never been seriously tempted to hook up with a big spender, and just between you and me, I've never been financially well-endowed enough to really tempt one, either.

There isn't much fiscal turmoil at chez Steve. I'm half Scottish and my thrifty beloved is not only Scotch but also Dutch. Loath as I

am to perpetuate ethnic stereotypes, she's definitely the more penny-pinching half of this small-spending couple. When we go out, she audits me for over-tipping, though she's a softer touch when hit up for spare change.

A married couple we know are our opposite, but also allegedly financially compatible. Neither is what you'd call tight with a dollar. Both are impulse buyers, neither ever has much money left over, and they give each other hell about it. (This is far from the only thing they spar over.)

We muddle through based on roughly similar values, lots of laughs and uncommonly good chemistry. Separate bank accounts, in my experience, are also helpful.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

Runner's gender testing tests prejudices

FourthWave

Canice Leung

metronews.ca/fourthwave

When the world poked and prodded at prodigious South African runner Caster Semenya, musing whether she was a he, I assumed feminists would universally come to her aid — not so.

Take Germaine Greer, who advocated sexual liberation in her book *The Female Eunuch*, yet once opposed the appointment of a transwoman colleague to a fellowship at a women's college because she used to be male, and named a chapter in one of her books "Pantomime

Dames."

She wrote this about the gender-ambiguous in the *Guardian* two weeks ago: "Nowadays we are all likely to meet people who think they are women, have women's names, and feminine clothes and lots of eyeshadow, who seem to us to be some kind of ghastly parody, though it isn't polite to say so."

Funny ... as a biological female I often feel like a ghastly parody — my curves not globular enough; too much makeup or not enough. Men, women and in-between all fear they don't resemble their idealized images.

Woe be to the individuals whom genetic roulette places on the middle of a continuous spectrum somewhere between male and female. We've learned to tolerate most every kind

of change in stride (politics, religion, lifestyles), but not gender-bending.

The historical outcome of gender testing, before it was discontinued in 1999, was mostly a bunch of identity crises when female athletes learned they had chromosomal disorders. Most recently, India's Santhi Soundarajan was stripped of her Asian Games silver medal in 2006 after she was found to have androgen insensitivity syndrome, in which a genetic male appears female because the body is resistant to male hormones.

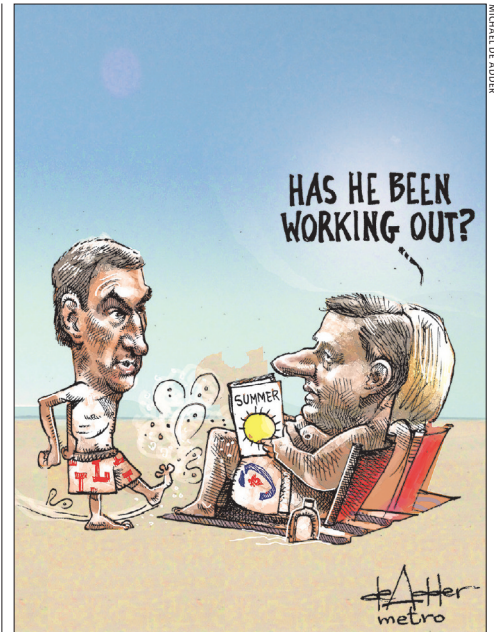
Poor girls. Never mind the garbage that passed as evidence of maleness in the media (Semenya dislikes dresses, dolls and romantic movies, her friends and relatives say) — merely being athletically competitive is a transgressive

act that thrusts women into a man's world. If anyone should have understood, it was Semenya's colleagues, but they, too, turned against her.

"These kinds of people should not run with us. For me, she's not a woman. She's a man," accused Italian Elisa Piccione, who finished sixth to Semenya.

Luckily for Semenya, her urine test results showed high but acceptable testosterone levels. Soundarajan, shamed into giving up a promising career, told *Time* magazine the experience left her "physically and mentally broken." She had advice for Semenya, too: "A gender test cannot take away from you who you are."

Canice Leung is a former editor of *Ryerson University feminist magazine* *McClung's*, copy editor at *Metro*, ardent feminist and loudmouth.



Worth mentioning

Robot revolution around the corner, developers say

Forty-seven years ago this month, *The Jetsons* splashed onto our TV screens, promising us a world in which middle-class families would have Rosie the Robot — a lively, caring machine that could keep an eye on the kids, clean, and scold the occasional rude guest.

We're not there yet but robot developers say we're getting closer.

"They'll drive cars, do your laundry, carry weapons and do bad things as well," said Jacky Baltes, a computer science professor at the University of Manitoba,

who has been developing a robot called Archie in conjunction with the Vienna University of Technology in Austria.

"This revolution is going to be much bigger than the computer revolution."

Baltes and his colleagues are aiming to eventually develop Archie into a robot that could assist the disabled, the elderly and everyday families in tasks around the home.

For now, Archie can walk forward and backward. It's early days yet, but Baltes feels Archie or some robot just like him will be fully functioning and affordable within a few decades. **THE CANADIAN PRESS**

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Superior Plus to buy Sunoco assets in U.S.

Superior Plus Corp., Canada's largest propane dealer, says it is scooping up U.S.-based Sunoco Inc.'s retail heating oil and propane distribution business for \$82.5 million US in cash plus working capital, to boost its presence stateside. **THE CANADIAN PRESS**

9

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Ford Canada joins 'cash for clunkers' game

AUTO In what has become the latest battlefield in the country's fiercely competitive auto market, Ford Motor Co. of Canada jumped ahead of its rivals yesterday by offering consumers up to \$3,000 if they scrap their old autos and buy new company vehicles.

That's double the maximum amount that Chrysler Canada is using to entice customers in its "cash for clunkers" program.

"This, in our minds, is first and foremost a sales and economic stimulus with great incremental benefits for the environment," said David Mondragon, Ford's chief executive officer.

TORSTAR NEWS SERVICE

Jack Daniel's **Heady profit**



Jeff Arnett, master distiller at the Jack Daniel Distillery in Lynchburg, Tenn., tests the aroma of whiskey from an aging barrel in May this year. Liquor company Brown-Forman Corp. reported a 38 per cent surge in first-quarter profit yesterday as lower operating expenses offset sluggish sales.

Large drop in oil profit expected

Oil industry profits this year are expected to be 24 per cent lower than in 2008, the Conference Board of Canada predicted yesterday, citing a startling drop in crude prices as the main culprit.

"The Canadian oil industry has long been a boom or bust industry, and that has been the case over the past year," said Todd Crawford, an economist with the Ottawa-based economic think-tank.

The Canadian oil industry's pre-tax profits are estimated to drop to \$11.6 billion, down from \$15.3 billion in 2008.

The price of crude oil touched record highs above \$147 US per barrel last July, only to shrink by

"The Canadian oil industry has long been a boom or bust industry, and that has been the case over the past year."

Todd Crawford, economist

three quarters within six months to below \$35 US per barrel. Prices have since doubled to around \$70 US per barrel, but remain less than half their record highs.

Oil production is expected to increase only 1.8 per cent this year compared to 2008, when output fell.

THE CANADIAN PRESS

Business in brief

DRILLING The production life of the Hibernia field is taking another step with the approval by the regulator of the operator's request to proceed with the drilling of the AA blocks.

THE CANADIAN PRESS

DRUG CRIME Pfizer Inc., the world's largest drug maker, will pay a record \$2.3 billion US civil and criminal penalty over unlawful prescription drug promotions.


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Eric Louis-Seize, a 20-year-old forward who was cut by the Halifax Mooseheads last weekend, is expected to try his luck with the Omaha Lancers of the United States Hockey League. He spent three seasons with the Mooseheads. **METRO HALIFAX**

Sports



Dry slug their way to lead

Joel Irvine, Greg West and Darren Doucette, left, belted home runs as Dartmouth Moosehead Dry earned a 6-2 victory over the Kentville Wildcats last night at Beazley Field. Dartmouth has a 2-1 lead in the Nova Scotia Senior Baseball League best-of-seven semifinal.

METRO HALIFAX

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Herd thumped by Screaming Eagles

MATTHEW WUEST
matthew.wuest@metronews.ca

A veteran Cape Breton Screaming Eagles' lineup put the boots to the young Halifax Mooseheads last night.

The Screaming Eagles, featuring a stacked lineup with seven players who are headed for NHL tryouts in the coming week, demolished the Mooseheads 9-2 in Sydney.

The Herd dressed 10 rookies to the Screaming Eagles' three and dropped to 2-2-1 in the QMJHL pre-season as stars Tomas Knotek and Yuri Cheremetiev stayed home. "We sat our top five players and threw all our young guys in and they played their full team," said Mooseheads head coach Cam Russell.

"It was a good test to see our young guys in a situation against a real good hockey team."

"We saw what we wanted to see tonight."

It was a tough night for both Mooseheads goaltenders. Mathieu Corbeil, an 18-year-old returnee who will be the team's No. 1 this season, allowed five goals on 20 shots. Joel Grondin, a rookie, surrendered four goals on 19 shots.

Luke Adam, Mathieu Brodeur and Nick MacNeil paced the Screaming Eagles with two goals each.

The Mooseheads' scoring came from 16-year-old sophomore forward Gabriel Desjardins and rookie defenceman Jamie Bishop, who also posted a team-low minus-four.

With a couple of cuts left,



Halifax Mooseheads forward Gabriel Desjardins, left, battles with Cape Breton Screaming Eagles defenceman Mathieu Brodeur in QMJHL pre-season action last night in Sydney. Halifax lost 9-2.

it was a revealing outing that could result in a few players sent packing today.

"We saw some guys who

can get off the bus and play a 60-minute game against a very good hockey team, a big fast, skilled hockey

team, and saw some guys who can't," Russell said. "These things help make our decisions easier."

Mooseheads add 'agitator'

HOCKEY The Halifax Mooseheads picked up forward Chuckie Schembri off waivers from the Moncton Wildcats yesterday. The 19-year-old is known as an agitator and lists New York Rangers forward Sean Avery as his idol. He has spent the past two years in the Maritime Junior A Hockey League, with 38 points and 313 penalty minutes in 108 games.

"He's an agitator, a pest, a physical hockey player," said Mooseheads general manager and head coach Cam Russell. "His coach last year described him as a Chris Morehouse type of player, a good character guy and penalty killer."

The five-foot-nine, 166-pounder fought Herd blue-liner Spencer Metcalfe in last Friday's pre-season game. **METRO HALIFAX**



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Canada still No. 66 in world soccer

Confederations Cup champion Brazil is atop the FIFA rankings for a third straight month. Canada remains unchanged at No. 66, sandwiched between Saudi Arabia and Wales. **THE ASSOCIATED PRESS**

sports **11**

Coyotes' fate still up in air

Hearing adjourned without ruling on whether Balsillie can bid

Jim Balsillie's bid for the Phoenix Coyotes remains on hold.

A U.S. bankruptcy hearing adjourned yesterday without a decision on whether the BlackBerry boss could take part in an auction for the troubled NHL franchise. There was no immediate word on when Judge Redfield T. Baum will rule on the issues.

"I totally respect the court process. Whenever he rules it I will respect his ruling," Balsillie said.

"I still think our bid is best by far the best for creditors for fans and the long-term viability of the team. All I wanted from the very beginning is a

"I totally respect the court process. Whenever he rules it I will respect his ruling."

Jim Balsillie

chance for a level-playing-field court-supervised auction where we could participate."

"The process continues but we are getting closer to a culmination of these proceedings," added NHL commissioner Gary Bettman, who added he was not disappointed that Baum did not make a ruling yesterday.

"I don't think that would be a fair characterization," he said. "As the judge indicated, a tremendous amount of paper and

pleadings have been submitted. I'm sure the judge wants to be completely comfortable he's had ample opportunity to review everything and reflect on it appropriately."

In court, lawyers for the NHL and Balsillie offered different visions of the Coyotes this season.

The NHL defended its position not to accept Balsillie as a potential owner and insisted the team had to stay in Arizona while a lawyer for the Canadian billionaire claimed that

the team could move to Hamilton partway through the season.

The NHL argued that the Coyotes couldn't be moved for the 2009-10 season and league lawyer Shepard Goldfein said the Coyotes should remain in Glendale for the sake of financial stability and so other teams can know their schedule and travel plans.

Balsillie lawyer Jeff Kessler agreed that moving the team this late does create problems, but he said they can be fixed.

"We have confidence if the league ... were to work with us every one of these obstacles would be overcome," he said.

THE CANADIAN PRESS



Aleksandra Wozniak of Blainville, Que., returns a shot against Amelie Mauresmo of France yesterday at the U.S. Open. Wozniak beat Mauresmo, who has won 25 tournaments, 6-4, 6-0.

Wozniak upsets former No. 1

TENNIS Canadian Aleksandra Wozniak upset former world No. 1 Amelie Mauresmo 6-4, 6-0 in the second round of the U.S. Open yesterday.

The 21-year-old from Blainville, Que., handed the 17th seed from France, a semifinalist in 2002 and 2006, her earliest career loss at Flushing Meadows.

Wozniak is ranked 39th in the world, compared to No. 17 for Mauresmo.

The Canadian will play in the third round against 10th seed Flavia Pennetta

of Italy, who crushed India's Sania Mirza 6-0, 6-0.

"It was exciting to play on the show court," Wozniak said of the 23,000-capacity Arthur Ashe venue. "I did well not to get distracted by the crowd or anything."

In doubles play, Marie-Eve Pelletier of Repentigny, Que., and French partner Julie Coin won their first-round match 6-2, 6-4 over American Laura Granville and Vladimira Uhlirova of the Czech Republic. **THE CANADIAN PRESS**

Luongo signs big with Canucks

NHL The Vancouver Canucks have agreed to terms with goaltender Roberto Luongo on a 12-year, US\$64-million contract extension, which lasts through the 2021-22 season.

Luongo, 30, was named the Canucks' captain prior to last season, when he posted a record of 33-13-7 with a 2.34 goals-against average. It was his fourth

consecutive season with at least 30 wins. He also established a franchise record for shutouts in a season (nine) despite playing in only 54 games.

Also in 2008-09, Luongo played 242 minutes, 36 seconds without allowing a goal, setting another franchise mark and notching the second-longest goalless streak in the modern NHL. **METRO NEWS SERVICES**

Sports in brief

PACMAN The Winnipeg Blue Bombers won't be signing Adam (Pacman) Jones after all. The team announced yesterday it has ended its pursuit of the controversial ex-NFL cornerback, one day after a source told The Canadian Press that Jones had agreed to join the Bombers.

SOCCER Defender Sergio Jauregui has been banned for a year by a Bolivian soccer league tribunal for kicking Oriente Petrolero player Leonardo Medina in the face in a match Aug. 23. The ban went into ef-

fect yesterday and cannot be appealed.

BOONE'S RETURN Aaron Boone returned to the field for a major league baseball game yesterday, a little more than five months after undergoing open heart surgery.

BOLT Usain Bolt may well go for four gold medals at the 2012 Olympics in London — but it won't be his decision. "I always leave the decisions up to my coach," Bolt said, when asked about the possibility of chasing four golds.

METRO NEWS SERVICES

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Metro Homes

Green-rolling

Dynamic paint products has released a line of eco-friendly painting tools including the Enviro-Roller — which they call the world's first green roller. Enviro-Paintware products are available at major and independent retailers of hardware, paint, and decorating items.

METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

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Inspiration out of Africa

EMMA YARDLEY
for Metro Canada

Pierre-Emile Legrain, one of the founders of the Parisian Art Deco movement in the early 20th century, made it his mission to integrate African arts into Western decor. His work popularized the African-influenced motifs found in interiors today.

"Ritual and utilitarian objects from Africa, which were previously considered curiosities, became sources of inspiration," says Dr. Silvia Forni, an assistant curator at the Royal Ontario Museum and expert in African culture.

"Since then, many western furniture and fashion designers have found inspiration in African forms and materials in the creation of new and fascinating lines."

African-inspired animal prints and materials provide a neutral colour palette that seamlessly blends with your other furnishings.

Metro's Pick:
The Queen Mother dark wood stool accomplishes the triumvirate of class, substance and style.



The combination of curlicue armrests and worn leather is a great example of using raw materials in classic furniture. **Cotswold Sofa**, \$5,298, Anthropologie, anthropologie.com.



Rugged, raw and more than little cool, this **cowhide rug** captured the feel of rustic agrarian lifestyle. \$443, West Elm, westelm.com.



The woven grass and curved rattan wood used to make this 1960s-inspired **Tunis chair** are both natural materials found throughout the African continent. Anthropologie, \$948, anthropologie.com.



Artisans in Africa make these **Queen Mother dark wood stools** by hand; the sale of this fair trade product provides these artists with a living wage and good working conditions. ROM Museum Store, \$299.97, rom.on.ca.

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Elias Metlej

metronews.ca/legalmatters

Two-for-one deals are not common in the real estate market. Unfortunately, most of the situations I have encountered were unintentional. Misunderstanding a property's potential can be an expensive mistake for sellers.

I represented someone who bought a house on a large lot. Without hesitation, he purchased the property as quickly as possible, paying the full asking price. He immediately subdivided the land, resold the house for almost the same price he bought it for, and was left with a vacant home lot valued at \$125,000.

Prior to selling a property, home owners typically obtain a comparative market analysis, often referred to in the industry as a CMA. The initial CMA for the property my client bought was accurate, as evidenced by the amount he resold it for. However, it failed to identify potential to subdivide, a costly oversight for the seller. Realtors alone may not have the expertise to assess the best use of a property. The opinion of a lawyer, land surveyor and an engineer may be required to ensure you are maximizing your profit.

Elias Metlej is a real estate lawyer with the Halifax firm Blois Nickerson & Bryson. You can write to Elias at askelias@yahoo.com

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Cake creations

Ace of Cakes returns to Food Network with a new season tonight at 10 p.m. ET and 11 p.m. PT. When the hit series *Lost* needs a cake to celebrate their 100th episode, actor Jorge Garcia calls Duff at Charm City Cakes to commission a cake creation. **METRO NEWS SERVICES**

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Food

Don't forget, if using wooden skewers, to soak them in water for 20 minutes prior to threading on meat or vegetables. This helps prevent the skewers from burning on the grill.

20 MINUTE SUPPER CLUB



EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Apricots and nectarines

Soft fruit stars in these skewers and dessert

Getting ready to go back to school? Don't stress over finding cheap eats to get you through your next semester. Try the new Student Saver Guide on 20minutessupperclub.com. It's an easy way to stay healthy and keep within your food budget this year!

Take your one last chance to get out and grill while the weather is still warm with this week's sweet yet tart meal! Fire up and grill these delicious Chicken Skewers with Black Pepper Apricot Glaze. For a fresh finale, try these Baked Lime Nectarines in the oven or on the grill. Nothing says the end of summer like the taste of ripe peaches or nectarines baked with lime and honey and served up with vanilla ice cream.

Fire Roasted Chicken Skewers with Black Pepper Apricot Glaze

Recipe developed by Paula Bowman.

SERVES 4
PREP TIME: 10 MINUTES
COOKING TIME: 10 MINUTES

INGREDIENTS:

- 1/2 lb green beans, trimmed
- 1/4 cup apricot jam
- 3 tbsp cider vinegar
- 1/4 tsp freshly ground black pepper plus more for seasoning
- 1 garlic clove, minced
- 1 1/2 lbs skinless and boneless chicken breast, cut into 1-inch cubes
- 1 fennel bulb, quartered lengthwise, cored and thinly sliced, fronds reserved



Fire Roasted Chicken Skewers with Black Pepper Apricot Glaze

- 6 small radishes, halved and thinly sliced into half-moons
- 2 tbsp extra virgin olive oil, plus more for oiling grill
- 1 lemon, zested and juiced

METHOD:

Preheat grill to medium-high.

Fill a large bowl of water with ice water and set aside. Bring a saucepan of salted water to a boil. Blanch green beans in boiling water until tender-crisp, about 4 minutes. Remove from boiling water and plunge in ice water until cooled. Drain and pat dry with paper towels. Cut into 2-inch lengths and set aside in large bowl.

Meanwhile, combine next 4 ingredients together in bowl. Stir until smooth and well blended and set aside.

Thread chicken pieces onto 8 metal or presoaked wooden skewers and season with salt and pepper. Lightly brush grill with

olive oil, place chicken skewers on grill and cook for 2 minutes. Turn skewers over one quarter turn and baste cooked side with glaze. Continue to cook, basting and turning as needed until cooked through, about 8-9 minutes total. Remove from heat, cover chicken lightly with foil and assemble salad.

Add fennel and radishes to reserved green beans, drizzle with olive oil, lemon zest and juice and season with salt and pepper. Garnish with some of the reserved fennel fronds.

Serve salad divided between 4 plates with skewers of grilled chicken.

Baked Lime Nectarines

SERVES 6
PREP TIME: 5 MINUTES
COOKING TIME: 20 MINUTES

INGREDIENTS:

- 3 large nectarines
 - 2 tablespoons honey
 - 2 tablespoons lime juice
- Optional:**
- Vanilla Ice cream
 - Grated semisweet

Tasty extras

- Exclusive contest for Metro readers! Visit 20minutessupperclub.com/metro and be entered to win a \$50 President's Choice gift certificate to stock your cupboards with delicious PC products to create your favourite 20 Minute Supper Club recipes! For product information and store locations, visit PC.ca. A weekly winner will be drawn from now until the end of October.
- Still wondering what's for supper? Get more ideas by following us on Twitter at 20MSC and joining the official 20 Minute Supper Club Facebook fan page to receive daily recipes, food tips, fun facts, exclusive content and more.

baking chocolate

METHOD:

Preheat oven to 325°F. Cut nectarines in half around the center. Dig out pit with a spoon. Place cut side up on a baking sheet. Drizzle the honey and lime juice over the nectarine edges and in the pit cavity.

Bake for 20-30 minutes depending on the ripeness of the nectarines. Remove from oven and place in individual serving bowls.

Let cool a few minutes. If desired, add a scoop of ice cream to each bowl and grate chocolate over top.



Liquid Assets

Peter Rockwell

metronews.ca/liquidassets

One sweet sip

Some things in life are just too hard for me to understand. Things like: The CBC's decision that what's really missing from my afternoons are reruns of *Ghost Whisperer*, how Chris Brown can sleep at night and, closest to my heart, why so many people I meet complain that they can't finish a full bottle of wine in one sitting.

Jennifer Love Hewitt's acting and slap happy musicians aside, leave it to the innovative Aussies to solve the "too much wine" problem. Hardys has created a 250 millilitre bottle they call the shuttle that's made of plastic (yes, plastic) with a screw-off cap that — get this — has its own glass attached.

The **Stamp Series 2007 Chardonnay Semillon (\$4.25 - \$4.99)** is a soft, lightly tropical white with a rich, citrusy finish, while the **Stamp Series 2008 Shiraz Cabernet Sauvignon (\$4.25 - \$4.99)** is a bright, easy-drinking red with lots of dark cherry/berry fruit and a touch of spice.

Both are food-friendly and offer the same juice as their readily available 750 millilitre counterparts (in case you could use a second sip) and are perfect for picnics, camping or just to have around the house for when unexpected guests pop over.

Prices reflect the range across the country. Some products may not be available in all provinces.



Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

On the web



Global Peasant:

- Travel along with Diane Thompson's culinary adventures in her *Global Peasant* blog. Visit metronews.ca/globalpeasant for a recipe for raw caesar salad dressing.

Editor's Note

- Starting next week, the Food section is moving to Tuesdays, bringing you great recipes and terrific food content earlier in the week.
- Starting next Thursday, Metro is launching *Urban Foodie*, a column that reviews Halifax's best dining spots.



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By summer 2010, Cadbury Dairy Milk bars will begin to proudly display the Fair Trade Certification mark, bringing Fair Trade certified chocolate to grocery stores, gas stations, convenience shops and retailers across Canada, making a difference in the lives of thousands of cocoa farmers. **METRO NEWS SERVICES**

Before summer turns to go

We all look forward to sunny weather when we can finally shake out the picnic blanket, set the barbecue a-blaze or enjoy a late supper under the stars — and we all miss it when it's gone.

Lazy Days and Beach Blankets celebrates the joy of eating alfresco with friends and provides inspiration with evocative images of barbecue scenes, lunches on a Mediterranean terrace and tables beautifully set for dinner in the balmy night air.

Metro picked up this delightfully light meal from Lazy Days and Beach Blankets (Ryland Peters & Small, \$34.95, 2009; rylandpeters.com):

Chicken Panini with Roasted Bell Pepper and Arugula Aioli

Panini, which is Italian for toasted sandwiches, can be prepared ahead of time, then cooked just before you want to serve them. The combination of grilled peppers, tender chicken, and a delicious arugula aioli is definitely



Chicken Panini with Roasted Bell Pepper and Arugula Aioli and Orange and Lemon Bake with Minted Yogurt, both recipes from Lazy Days and Beach Blankets (Ryland Peters & Small.)

hard to beat.

SERVES 4

INGREDIENTS:

- 2 red bell peppers, left whole
- 4 small focaccia or Turkish rolls, halved
- 2 large, cooked chicken breasts, shredded
- a small handful of baby spinach

Arugula aioli:

- 1 egg yolk
- 1 tsp white wine vinegar
- a bunch of arugula, about 2 oz., coarsely

chopped

- 1 garlic clove, crushed
- 2/3 cup olive oil
- sea salt and freshly ground black pepper

METHOD:

Preheat the grill, then cook the bell peppers over hot coals or under a preheated broiler for about 20 minutes until charred all over. Put into a plastic bag and let cool. Peel off the skin and discard the seeds, then cut the flesh into strips.



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pepper strips, and spinach leaves. Press the halves together.

Preheat the flat plate on the grill and cook the panini over low heat for 4-5 minutes, then, using tongs, flip over and cook the other side for a further 5 minutes until toasted. If you don't have a flat plate, cook on a cast-iron griddle, either on the grill, or on the stove. Serve hot.

Orange and Lemon Bake with Minted Yogurt

This is simply a sublime dessert — sponge cake, coconut, ground almonds, and citrus fruits.

SERVES 8

INGREDIENTS:

- 4 eggs
- 1/2 cup sugar
- 1 1/4 cups dried unsweetened shredded coconut
- 4 tablespoons unsalted butter, softened
- 1 cup ground almonds
- grated zest and freshly squeezed juice of 2 unwaxed lemons
- grated zest and juice of 2 oranges
- 1/2 cup milk



lazy days and beach blankets
inspired by the authors of the book

- 1/3 cup self-rising flour
- Minted yogurt:**
- 1 cup plain yogurt
- a bunch of mint, finely chopped

- a cake pan, 8 inches in diameter, buttered

METHOD:

Preheat the oven to 350 F.

Put the eggs, sugar, coconut, butter, ground almonds, lemon and orange zest and juice, milk, and flour into a food processor and process for 1 minute until blended. Transfer the mixture to the buttered pan and bake in the preheated oven for 45 minutes until golden brown. Remove from the oven and let cool.

Put the yogurt into a bowl and add the mint. Mix well and serve spooned over the bake.

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Jewelry with personality

Canadian jewelry designers Maja and Michael Bremer of MYKA Designs recently launched their latest creations, the MOSAIC Collection. It includes statement pieces as well as finer intricate designs. Visit mykadesigns.com. **METRO NEWS SERVICES**

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Style



Totes benefit AIDS

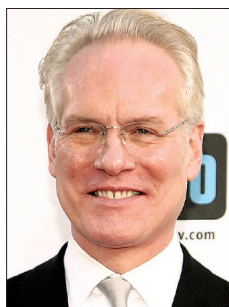
Tote bags are no longer just for the environmentally conscious: Aldo has partnered with YouthAIDS to launch three new collectible bags with 100 per cent of sales benefitting the cause. Part of the ALDO Fights AIDS campaign, these limited edition reusable totes (\$10 each) will support AIDS education and prevention programs in South Africa. The "Getting Lost" bag (far left) hits stores Sept. 1; "In The City" (middle) on Oct. 1; and "Jukebox" (right) on Nov. 1. **METRO NEWS SERVICES**

EDITOR: ANN-MARIE.COLACINO@METRONWS.CA

Just a minute with: Tim Gunn of Project Runway

Tim Gunn, fashion guru and urbane mentor to the budding designers on TV's Project Runway, was forced to swap his impeccable tailored look for something more casual when the fashion reality show moved from New York to laid-back Los Angeles this season.

Gunn, 56, the polite voice of reason and constructive advice for the competing designers, talked to Reuters about the return of the show — and how freewheeling L.A. changed some of his own ideas.



Fashion guru and Project Runway mentor Tim Gunn.

Q How did you feel about the show's move from New York to Los Angeles and the city's very different approach to fashion?

A Los Angeles is a more casual place. Executives dress more casually. Having lunch at the Four Seasons Hotel, you see studio executives wearing a suit and an open shirt but no tie. I would go to the workroom with the designers every day at the beginning wearing a suit. But finally I thought, I've got to get with it. There is an episode (where) you'll find me in flip-flops. You won't find that in New York, but you'll find it in L.A. And when the show returns to L.A., I'm packing the flip-flops!

Q Do more experienced designers on the show have an advantage over the younger ones?

A Not necessarily. In my experience, the more experience one has, the more second guessing or over-thinking one does versus the younger and less experienced contestants who have an ease and agility on how they attack a problem It all begins and ends when we go fabric shopping. Derailment, generally speaking, has to do with materials that are not appropriate or that they are not familiar with and then the whole thing goes awry ... If you've never worked with silk charmeuse — are you crazy? Drop it!

Q How much input do you get in decisions the judges make about who wins a Project Runway challenge and who goes home?

A None. I know nothing about who wins and who loses until I hear it coming out of Heidi's mouth. It can be very frustrating for me because I am an advocate for the designers. What confounds me is some of the things the designers say to the judges. And during their deliberations, how off the mark the judges can occasionally be about a certain designer's work.

Q How do you keep your temper and good humour? There is only one known occasion when you lost it on the show.

A Yes, that was with Kenley (in season 5). My patience was simply exhausted and I was just tired of her rudeness ... In the course of 29 years of teaching, you develop a lot of resources to deal with students you'd like to smack. There is one moment in season 6, backstage at New York Fashion Week at Bryant Park, when I said 'I am about to lose it'. I was beyond despair.

Q Are we going to see more of your other TV venture Tim Gunn's Guide to Style?

A We're talking about a way of repackaging and re-pitching it to Lifetime Television. It is a sincere honour for me to work with these fashion-challenged women who declare they need help.

REUTERS

The white rules

White clothes after Labour Day are OK but there are stipulations

It's an old-school rule that you shouldn't wear white after Labour Day, but even the newfound fashion freedom to wear light colours in cooler weather comes with some strings attached.

Summer really is turning into fall, and it's time to re-evaluate the fabrics in your closet. Linen should get packed away first — and it doesn't really matter what colour it is, says designer Shoshanna Gruss.

"You wouldn't wear a strapless sundress if it were white linen or black linen in the fall," she says. "Summer clothes are summer clothes, but, colourwise, it's more interesting and fun to play with your wardrobe and not leave any colour out."

Her quick replacement for that cocktail party sundress would be a brocade, which she says would look stunning in a creamy white and probably complement most skin tones in the process. Indian summer and early fall is when many people look their best with just a hint of a golden glow, and a rich white will show that off, Gruss says.

Considering the Little Black Dress is so famous — and so popular — the woman who wears the Little Winter White Dress has the chance to be the first one noticed in a crowded room, adds Kelly Golden, owner of the upscale store Neopolitan in Winnetka, Ill. "The right shade of winter white is flattering on everyone. It

looks rich," she says.

When it comes to pants, Gruss will be switching to winter-white wool, probably paired with a jewel-tone sweater, or, even better, a chocolate-brown top.

Don't put away white denim, though, says Suze Yalof Schwartz, executive fashion editor-at-large at Glamour. Nothing is more chic than white jeans in the wintertime with a chunky cosy sweater or a blazer and leather boots, she says. That will look "very Michael Kors."

Stefani Greenfield, the owner of Scoop boutiques and designer of the Curations collection for HSN, makes the case for a Jackie Onassis-inspired outfit: a black turtleneck with those white jeans, animal-print ballet flats and either a cuff bracelet or pendant necklace.

A shot of white, maybe a turtleneck under a sweater or a white shirt under a cardigan, can also have a slimming effect in the way a black vertical stripe does on a bathing suit. Mixing a few tones of white in the same outfit can be very

cool, adds Patrick Robinson, creative director at Gap.

Yalof Schwartz likes a white sweater dress worn with dark opaque tights. White legwear is almost always a no-no, however.

Greenfield prefers the purity of white, so she recommends staying away

from prints and wearing it instead with tonal solid-colour pieces, especially camel and oatmeal. To her, navy-and-white combinations scream "spring."

As long as you can keep it clean, white outerwear is a way to make a striking and stylish statement, says Greenfield, who has both a white down vest and white ski jacket — which she alternates as her cold-day "uniform."

"There are ways to wear white after Labour Day and not stick out like a sore thumb," she adds.

THE ASSOCIATED PRESS

Right: A strapless tulip dress from Shoshanna Lonstein's fall 2009 collection. The designer likes the idea of playing with colour all year round.



PHOTO COURTESY OF SHOSHANNA LONSTEIN

Fashion Week

Beginning next week Metro Canada will bring you exclusive coverage from fashion weeks in New York, London, Milan and Paris, along with the latest in Canadian fashion. The series starts on Sept. 10 with New York and continues weekly with London (Sept. 17), Milan (Sept. 24), Paris (Oct. 1), and Toronto (Oct. 15).



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Lindsay Lohan is leaving the rented Hollywood Hills home that was burgled last week. She was photographed clearing out of the property on Tuesday and a removal firm showed up to take away her valuables. FEMALEFIRST.CO.UK

Entertainment

EDITOR: DEAN.LISK@METRONews.CA



Jackson tribute

La Toya Jackson has decided to release the first single off her new album as a tribute to Michael Jackson. Proceeds from Home will go to one of Michael's AIDS charities. POPEATER.COM

Whitney Houston is back

Singer launches comeback bid with new album I Look To You

Whitney Houston

Album: I Look To You
Label: Arista
Rating: ⓈⓈⓈ

WHITNEY HOUSTON FANS look to the singer primarily for her voice, that penetrating cry that can transform a Dolly Parton song into a power ballad that could shatter whole buildings and Billboard charts alike. So those same fans will be disappointed to hear that those days are over, in the form of Houston's comeback album. The singer will never be the vocal powerhouse she used to be. That said, with an all-star roster of writers and producers on board (Danja, R. Kelly, Swizz Beats, Alicia Keys, Akon, David Foster etc.), I Look To You is guaranteed to succeed. And with a few bangers, like the empower-



MusicReviews

music@metronews.ca

ment-funk of Million Dollar Bill, the sensitive title track and the club-sleek Nothin' But Love, Whitney does the best with what she's got.

Jason Richards/for Metro Canada

Pitbull

Album: Rebelution
Label: J Records
Rating: ⓈⓈ

DESPITE THE TITLE, there's nothing rebellious or revolutionary about Pitbull's fourth record. It's a far cry from the rapper's sophomore album, El Mariel, which was filled with political messages about being a Cuban growing up in Miami. These days the hip-hop star sings mostly derogatory songs about sex and girls. While most of



I Look To You is the first new album from Whitney Houston in almost seven years.

the songs are slick club numbers — his hit single I Know You Want Me has been playing in bars for weeks — the album's lyrics are offensive and humourless. There's no doubt this music will make you move, just be prepared to feel ashamed when you're done.

Bryan Borzykowski/for Metro Canada

Amelia Curran

Album: Hunter, Hunter
Label: Six Shooter Records
Rating: ⓈⓈⓈⓈ

da **AMELIA CURRAN** is a singer-songwriter from St. John's, N.L., whose songs come from cob-webbed cabins lit



by kerosene lamps. Curran's pleading voice performs with a bare-bones purity that steps with stealth into the darker corners of our nature. The things she finds aren't always the things we want to hear, but they are real. Her songs explore inner-turmoil and bleeding hearts, even dare to face down self-loathing itself. "We keep our demons on the burner and our morals on the shelf," she sings in The Mistress. Bye Bye Montreal, bids adieu to the artistic home of Leonard Cohen. Through songwriters like Curran, we know his legacy will continue.

Juliette Lewis

Album: Terra Incognita
Label: The End
Rating: ⓈⓈⓈ

Graham Rockingham/for Metro Canada

AFTER FOUR ALBUMS, Lewis is finally a bona fide musician. The actress has said this is the first time she's focused on songwriting and it shows. Terra Incognita is smooth, focused and easily her most thoughtful album to date. She covers a lot of ground — Ghosts is an atmospheric Janis Joplin-like track; Fantasy Bar is a raucous tune with a soaring chorus; on Suicide Dive Bombers she sounds like Bowie.



The Apples In Stereo

Album: #1 Hits Explosion
Label: Yep Roc
Rating: ⓈⓈⓈⓈ

Bryan Borzykowski/for Metro Canada

THE LATE '90S weren't a complete musical wasteland. You just had to dig a bit harder. Those digging hard enough would have landed on the Elephant 6 indie collective that produced The Apples In Stereo. #1 Hits Explosion offers up 16 of the band's best from its 13-year history. A great introduction for newcomers and a concise compilation for fans.



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Boy George unchained

Boy George has had an ankle bracelet allowing police to monitor his whereabouts removed. The singer had to wear the device at all times as a condition of his early release from jail for his assault and false imprisonment of a male escort in 2007. FEMALEFIRST.CO.UK



Jackson's death certificate updated

DOCUMENT Michael Jackson's death certificate has been amended to reflect his cause of death as a homicide, specifying "injection by another" as the fatal injury.

The designation was not a surprise — coroner's officials said last week that they believed Jackson's death on June 25 was a homicide.

Investigators have said a mix of the powerful anesthetic propofol and another sedative killed the pop singer. The new record lists "acute propofol intoxication" as the main cause of death and "benzodiazepine

effect" as another significant contributor.

The public copy of Jackson's death certificate has not been changed to reflect his permanent resting place. Jackson is scheduled to be interred on Thursday evening at Forest Lawn Glendale.

The document does not mention Dr. Conrad Murray, who was Jackson's personal physician.

The coroner's determination of homicide makes it easier for prosecutors to seek criminal charges, but does not necessarily mean a crime was committed.

THE ASSOCIATED PRESS

Entertainment in brief

SERIES AMC's 1960s Madison Avenue drama, *Mad Men*, will return for a fourth season, the channel has confirmed. The TV series debuted as a low-rated, critical darling but has seen its audience grow at the start of its third season. *Mad Men* attracted an audience of 2.8 million for the Aug. 16 season premiere.

HOST Jerry Springer is coming back in the America's Got Talent fold — this time hosting a live version of the TV talent contest in Las Vegas. The show will run at least 10 weeks at the Planet Hollywood Resort & Casino starting in October. Springer served as host of America's Got Talent for two seasons on NBC.

THE ASSOCIATED PRESS

New heads of Family

Veterans of animated comedy named showrunners

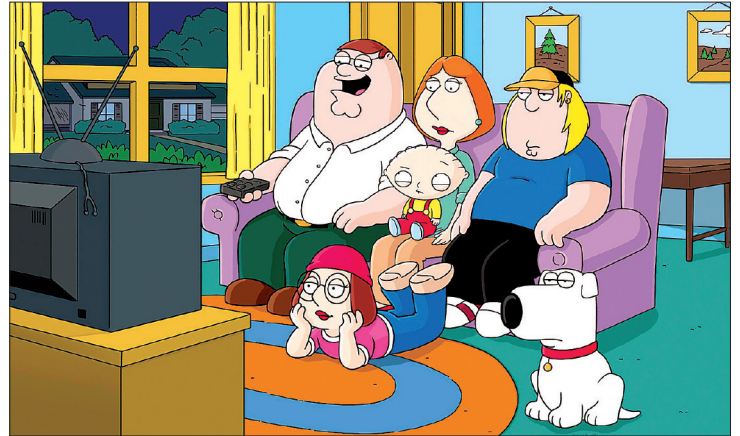
There's been a change at the helm of Fox's top animated comedy, Family Guy.

Series veterans Steve Callaghan and Mark Hentemann have signed separate three-year deals with the show's producer, 20th Century Fox TV. Under the lucrative seven-figure pacts, the two have been promoted to executive producers and named showrunners.

Former showrunners David Goodman and Chris Sheridan will remain on the show as executive producers alongside Callaghan, Hentemann, creator Seth MacFarlane and Danny Smith.

In divvying up responsibilities, Callaghan will focus more on running the writers' room while Hentemann shepherds production.

In addition to running *Family Guy* under MacFarlane, Callaghan and Hentemann, who are not a writing team, each will develop new projects for the studio.



Fox's animated comedy series *Family Guy* now has two more executive producers.

Both Callaghan and Hentemann have been on the Fox show through both of its incarnations — during its original run, cut short by a cancellation, and its current revival.

Callaghan was hired on Day 1 as the first writers' assistant before being promoted to writer when the

show first was renewed. Hentemann joined *Guy* in the second season as executive story editor.

Gary Newman, chairman of 20th TV, said the idea for elevating and pairing Callaghan and Hentemann came from MacFarlane.

Because of the lengthy production cycle for ani-

mated series, Callaghan and Hentemann are now overseeing the show's next season. It will open with an hourlong whodunit episode in which, in Agatha Christie fashion, a variety of regular and ancillary *Family Guy* characters will be locked up together trying to solve murders.

REUTERS

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HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/3/09	31	31	31	ABC	News Center 5	ABC Mid News	Inside Edition	Chronicle	Grey's Anatomy	Grey's Anatomy	Practice	
	7	7	7	ASN	The Road to Avonlea	Instant Star	TMZ (N)	Grey's Anatomy	Fringe (HDTV)	Fringe (HDTV)	Practice	
	11	11	11	CBC	Wheel-Fortune	Jeopardy!	The Nature of Things	This Beat Goes On (N)	CBC News: The National	CBC News: The National	The Hour	
	2	2	2	CBC-F	Dre Grey, leçons d'anatomie	Des sautelles	Gars fille	Tout le monde en parlait (SC)	Bons baisers de France (SC)	Bons baisers de France (SC)	Le Téléjournal	
	32	32	32	CBS	WBZ News (N)	Evening News	The Insider (N)	NFL Preseason	Football New York Giants at New England Patriots. (Live)	Mollie (HDTV) (SC)	TVA 22 heures	
	69	69	69	CFTM	TVA 18 heures	Sûre-salé	Dépenses xtr	Marché	Dr. House (HDTV) (SC)	The Office	The Office	News Final (N)
	6	6	6	CHIF	Entertainment	ET Canada	90210 (N)	CSI: NY "Wasted"	CSI: Crime Scene Investgtn.	CSI: Crime Scene Investgtn.	CTV News	
	9	9	9	CJCH	etalk	Hollywood	The Mentalist (HDTV)	Podium TV	EastLink Television	Fringe (HDTV)	Fox First	
	10	10	10	ELTV	(6) EastLink Television	Deal-No Deal	The Simpsons	Two/Half Men	Bones (HDTV PA)	The Office	30 Rock	Law & Order
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	30 Rock	Parks-Recreat	30 Rock	Law & Order
primetime	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	CBC News: Tonight (N)	CBC News: The National	Nature-Things	
	29	29	29	NW	World News	Business	CBC News	Marketplace	Man Who Painted Everest	Paving the Way: National	Paving	
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	This-House	Yankee Shop	Ask This Old	Michigan	MI-5
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	This-House	Yankee Shop	Ask This Old	Michigan	MI-5
	68	68	68	TQS	Guerre clans	Le Mur (SC)	Taxi payant	Rire et délire	Fringe "Pilot" (SC)	Bob Graton	South Park	Le Mur (SC)
	23	23	23	BNN	Business News	Headline	Market Call	Commodities	GetConnected	Business News	Taking Stock	Market Call
	18	18	18	CNN	Situation Room-Wolf Blitzer	Lou Dobbs Tonight	Golf	Jr. PGA Highlights	Bobby Jones: Stroke of Genius ** (2004, Biography)	Larry King Live (N)	Cooper 360	
	54	54	54	GOLF	Golf Central	Golf	Golf	Jr. PGA Highlights	Bobby Jones: Stroke of Genius ** (2004, Biography)	Larry King Live (N)	Cooper 360	
	52	52	52	RSE	Sportsnet Con.	Jays	MLB Baseball New York Yankees at Toronto Blue Jays. From Rogers Centre in Toronto.	College Football	South Carolina at North Carolina State. (Live)	Sportsnet Con.	Football	
	55	55	55	SCOR	(6) Morency	Covers Experts	Pimp My Ride	Pass Time	Pinks - All Out (HDTV)	Jacked!	Jacked!	Wrecked (N)
news	45	45	45	SPD	Unique Whips	Off the Record	SportsCentre	Life Derek	Wizards-Place	Life Derek	Ned's School	
	43	43	43	FAM	Zoe 101	Johnny Test	Wimpy Test	Wimpy Test	Wimpy Test	Wimpy Test	Wimpy Test	
	44	44	44	TOON	Ben 10	Johnny Test	Wimpy Test	Wimpy Test	Wimpy Test	Wimpy Test	Wimpy Test	
	26	26	26	TREE	Wonder Pets	Big & Small	Backyardigans	Night Grdn	Max & Ruby	Franklin	Little Bear	Comfy Couch
	27	27	27	YTV	iCarly	Drake & Josh	Family Biz	The Penguins	Malcolm-Mid.	In Real Life "Pilots"	Falcon Beach	
	16	16	16	A&E	CSI: Miami "Shock"	Warriors: TKO	Wapos Bay	The First 48 (HDTV)	The First 48 (HDTV)	The First 48 (HDTV)	The First 48	
	70	70	70	APTN	APTN National News (N)	106 & Park: BET's Top 10 Live "Top 10 Countdown"	Storytellers	Camera	Museum Maestros	Crossing ** (2005, Suspense), Crystal Bubble	Reba	Reba
	50	50	50	BET	106 & Park: BET's Top 10 Live "Top 10 Countdown"	Storytellers	Camera	Museum Maestros	Crossing ** (2005, Suspense), Crystal Bubble	Reba	Reba	
	37	37	37	BRVO	Wind at My Back	Carrie Underwood One on One	Comedy Now	World's Wildest Police Videos	Daily Planet (N)	House Hunters	Property Virgin	
	25	25	25	CMT	Carrie Underwood One on One	Comedy Now	World's Wildest Police Videos	Daily Planet (N)	House Hunters	Property Virgin		
sports	49	49	49	COM	Laughs	Comedy Now	World's Wildest Police Videos	Daily Planet (N)	House Hunters	Property Virgin		
	153	153	153	COURT	Truth, Duty, Valour	How It's Made	How It's Made	Ice Road Truckers	One Tree Hill	The Daily Fix		
	38	38	38	DISC	How It's Made	How It's Made	Ice Road Truckers	One Tree Hill	The Daily Fix			
	34	34	34	HGTV	Holmes on Homes	Underworld Histories	After People	So You Think You Can Dance Canada	Wild 'n Out	Wild 'n Out	Storytellers	
	46	46	46	HIST	Underworld Histories	After People	So You Think You Can Dance Canada	Wild 'n Out	Wild 'n Out	Storytellers		
	17	17	17	MM	America's Best Dance Crew	mmtop10.ca	Definitely, May	Down to the Dirt (2008, Drama) Hugh Dillon, Joel Hynes.	Nurse Jackie	Bounty Hunter	Bounty Hunter	
	19	19	19	MMM	mmtop10.ca	Definitely, May	Down to the Dirt (2008, Drama) Hugh Dillon, Joel Hynes.	Nurse Jackie	Bounty Hunter	Bounty Hunter		
	201	201	201	M1	Mantracker	Friends	Family Guy	Family Guy	Friends	Survivorman	Survivorman	Ghost Hunters
	48	48	48	OLN	Mantracker	Friends	Family Guy	Family Guy	Friends	Survivorman	Survivorman	Ghost Hunters
	51	51	51	PEACH	Crosswinds	(7:45) McIntosh	*** (1963, Western) John Wayne.	Grands reportages (SC)	Da Vinci's City Hall	Le Téléjournal (SC)	Le Téléjournal (SC)	
family	206	206	206	PIX	Crosswinds	(7:45) McIntosh	*** (1963, Western) John Wayne.	Grands reportages (SC)	Da Vinci's City Hall	Le Téléjournal (SC)	Le Téléjournal (SC)	
	67	67	67	RDI	RDI monde	RDI économie	24 Heures en 60 minutes	Da Vinci's City Hall	Le Téléjournal (SC)	Le Téléjournal (SC)		
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits	Da Vinci's City Hall	Le Téléjournal (SC)	Le Téléjournal (SC)		
	40	40	40	SLICE	So Chic	Skin Deep	Skin Deep	Til Debt-Part	Last 10	Last 10	Bulging Brides	
	47	47	47	SPACE	Stargate SG-1 (DVS)	Circuit 83	Comic Con	Star Trek: Voyager	UFC Unleashed (HDTV)	TNA Wrestling (HDTV) (N)		
	14	14	14	SPKIE	CSI: Crime Scene Investgtn.	CSI: Crime Scene Investgtn.	The Ellen DeGeneres Show	LA Ink (HDTV)	Police Women of Broward	Police Women of Broward	LA Ink	
	98	98	98	STAR	etalk	Hollywood	Seinfeld	Seinfeld	Police Women of Broward	Police Women of Broward	LA Ink	
	21	21	21	TLC	What Not to Wear	Bob & Doug	Journal de Fr2	Comme chez	Hep! Taxi	Club social	Planète en question	
	56	56	56	34	TROP	Que-champion	9B "Drop Out"	Murder, She Wrote	Waiting for God	"Allo, 'Allo!"	Missing "Sea of Love"	
	20	20	20	TV5	Que-champion	9B "Drop Out"	Murder, She Wrote	Waiting for God	"Allo, 'Allo!"	Missing "Sea of Love"		
cable variety	28	28	28	V	House-Sell	Style by Jory	Old Christine	Friends	Friends	Grocery Bag	Supernatural (HDTV)	
	60	60	60	97	VIVA	Da Vinci's Inquest	Judging Amy	Old Christine	Friends	Grocery Bag	Supernatural (HDTV)	
	22	22	22	W	House-Sell	Style by Jory	Old Christine	Friends	Friends	Grocery Bag	Supernatural (HDTV)	
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	Supernatural (HDTV)	Supernatural (HDTV)	WGN News	

critics' corner

Crimson Force
Earth is running out of energy, but a possible source of more has been detected on Mars. The astronauts dispatched to find it discover something nobody was expecting: an alien civilization that's in the midst of a civil war. And the Earthlings' spacecraft has crashed, so they're stuck there. Tony Amendola ("Stargate SG-1"), C. Thomas Howell and David Chokachi ("Baywatch") star in this 2005 sci-fi tale. 10 PM on SPACE



Heaven on Earth
Deepa Mehta ("Water") wrote and directed this 2008 drama about an Indian woman (Preity Zinta) who relocates to Canada for an arranged marriage. Her new husband turns out to be an abuser, but she finds solace in conjuring up a mythical snake who takes his form but treats her well. It's sometimes difficult to tell what's "real" and what she's imagining, so watch carefully or risk confusion. Yanna McIntosh also stars. 10 PM on M1

Life After People
This series expands on an idea presented in a special last spring: the effect on Earth if humans were to disappear. It uses lots of special effects to trace the possible evolution of major cities and other locations after the human inhabitants have gone. 11 PM on HISTORY

Are Spencer Pratt and Heidi Montag headed to divorce court? Possibly — if Montag, 22, gets pregnant, usmagazine.com reports. "He said, 'That's the quickest way to divorce,'" she told MTV News. **METRO NEWS SERVICES**

Celebrity Buzz

Kate abused me, Jon alleges

ACCUSATION In his first television interview since divorce papers were filed in June, Jon Gosselin lashes out at his estranged wife Kate for years of abuse during their 10-year marriage, usmagazine.com reports.

"I took a lot of abuse from her. I was put down," he said on ABC's *Good Morning America*. "She'll call me like, almost like a lame fish. Like I wasn't going anywhere."



He also says that she often left him with their eight kids because she was always away travelling.

"Well, excuse me, I'm taking care of the kids. She's on book tours, she's doing all these things. You know, she's gone a week. You know, comes back. Packs up and leaves again," Gosselin, 32, said. "I'm standing there like, 'Oh, OK. Your mom's gone again.'"

Things have been tense since they've split, he says. The reality star recalls last month when police were called to the family's \$1.1 million US home in Wernersville, Pa., after Kate, 34, showed up unexpectedly when it was his time to be with the kids.

"I wouldn't let her in the gate," said Gosselin. "I said I'm spending time with my kids ... and she's going to have to leave and she tried to cry it up with the cops and it didn't work."

The full interview airs Tuesday. **METRO NEWS SERVICES**

LeAnn and Dean divorcing

JUST A FORMALITY? It's over for LeAnn Rimes and husband Dean Sheremet, people.com reports.

"After much thoughtful mutual consideration, Deane (sic) and I have agreed to move forward with dissolving our marriage," the country star wrote on her website.

"This decision was amicable and we remain committed and caring friends with great admiration for one another. Thank you so much for all of your continued love and support."

She married Sheremet in 2002 when she was 19 and he was 21. They separated amid allegations Rimes had an affair with actor Eddie Cibrian after the two met while filming the Life-time movie



Northern Lights last fall.

Cibrian, meanwhile, filed for divorce from wife Brandi Glanville last week.

Rimes' friend Jeff Berger says that the pair are "doing their best to handle it as mature adults."

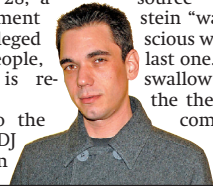
"Dean's her best friend and that's the crux of the issue; when you love and care about somebody who's your best friend — how not to cause them pain," he said. "They're doing what needs to be done in as amicable a way as possible."

METRO NEWS SERVICES

DJ AM's death a suicide?

TRAGIC DJ AM swallowed a handful of painkillers and had another still in his throat when he was found dead on Aug. 28, a law enforcement source has alleged to People.

People, popeater.com is reporting. According to the report, Adam (DJ AM) Goldstein



had eight undigested Oxy-Contin pills in his stomach, which suggests he downed them quickly. The source believes Goldstein "was going unconscious when he took the last one. He didn't even swallow it," adding to the theory that the DJ committed suicide.

METRO NEWS SERVICES

Possible dad comes forward

OUT OF THE WOODWORK One proposed father of Michael Jackson's kids, dermatologist and Jackson friend Dr. Arnold Klein, is willing to take a paternity test, but only if it's what the kids want, his lawyer says.

"Whether he is or he



isn't, it's not going to make him love these children any more or less," said his attorney.

Klein's goal is to keep a promise he made to their father to keep them out of show business, according to Kaplan.

METRO WORLD NEWS

I'm crazy like Marilyn: Megan

STAY AWAY She may not be a doctor, but Megan Fox has gone ahead and diagnosed herself as mentally ill.

"I definitely have some kind of mental problem and I haven't pinpointed what it is," Fox told *Wonderland* magazine. "I basically read every

book ever written about Marilyn Monroe.

"I could end up like that because I constantly struggle with the idea that I think I'm a borderline personality — or that I have bouts of mild schizophrenia."

METRO WORLD NEWS



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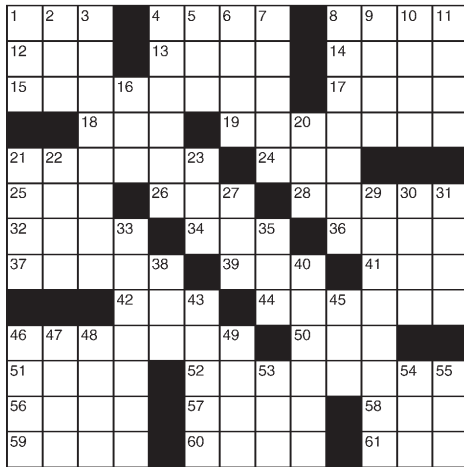
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†NO PURCHASE NECESSARY. Contest ends Nov. 8, 2009. For rules, details & entry, visit www.oneforme.ca or www.oneforyou.ca. Must be Canadian resident age of majority. 1 Grand Prize of \$100K + a matching cash donation to a charity of your choice. 203 Instant Win Prizes with ARV's from \$35 to \$1,000 + a matching cash donation to a charity in the contest rules. Odds of winning any prize depend on no. of eligible entries. Odds of winning an Instant Win Prize also depends on time & date of entry. Skill-testing question required. ‡Charity of choice is a list of registered charities pre-selected by contest sponsor in the following categories: Local/Community, Global, Environment & Health. See full contest rules for further details. *Trademark of or used under license by Cadbury Adams Canada Inc.



For more delicious Metro recipes, visit: metronews.ca/food



ACROSS

- 1 PC program
- 4 Delves
- 8 Carnelian variety
- 12 Chum
- 13 Worshipped one
- 14 Rip
- 15 "Merci"
- 17 Top-notch
- 18 "... or — to be"
- 19 1/100 of a mark
- 21 Quarterback
- 24 Craze
- 25 Banned insecticide
- 26 Gratitude
- 28 Lukewarm
- 32 Shaving cream additive
- 34 "Phooey!"
- 36 Gaelic
- 37 Copycat birds
- 39 Profit
- 41 Pub order
- 42 Squealer
- 44 A Few Good Men director
- 46 Bankrupt

- 50 Wapiti
- 51 Eager
- 52 Free-mail privilege
- 56 Infamous lyre player
- 57 Surpasses
- 58 Caspian, e.g.
- 59 Metric measure
- 60 Agile
- 61 Height of fashion?

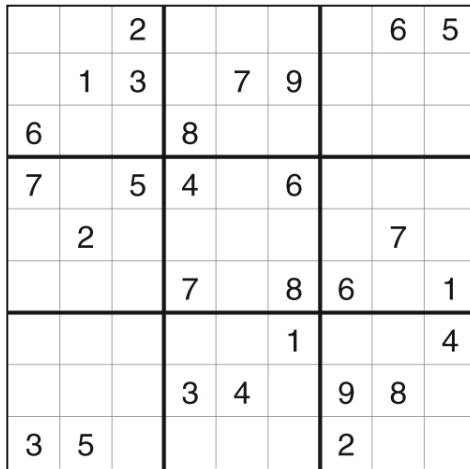
DOWN

- 1 Suitable
- 2 Oom follower
- 3 Krill, e.g.
- 4 Harsh decree
- 5 Slick, maybe
- 6 Yucky stuff
- 7 Form of tobacco
- 8 Seatless passenger
- 9 Very long time (Var.)
- 10 Hindu royal
- 11 Bottom-of-the-barrel bit
- 16 Artesian appellation
- 20 Nosh
- 21 Leading man?
- 22 Without acting
- 23 Pen point
- 27 Skillet
- 29 Mischievous
- 30 Man is one
- 31 Bambi, e.g.
- 33 Peer's place, perhaps
- 35 That girl
- 38 Put into words
- 40 Wee
- 43 University near Boston
- 45 Sort
- 46 Gunshot sound
- 47 Always
- 48 Old Italian money
- 49 Item on stage
- 53 Spring mo.
- 54 Born
- 55 Whale group

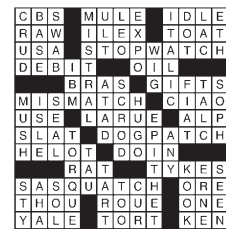
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



3	2	5	1	4	7	8	6	9
8	1	9	6	5	3	7	4	2
4	6	7	2	8	9	1	3	5
5	3	2	7	6	1	9	8	4
6	4	8	9	3	5	2	7	1
9	7	1	8	2	4	6	5	3
1	9	3	4	7	6	5	2	8
2	5	6	3	1	8	4	9	7
7	8	4	5	9	2	3	1	6

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Take Five

Metro Recipe of the Day



Summer Turkey Sausage Pasta

Submitted by Danielle Seguin, Brentwood Bay, B.C.

INGREDIENTS:

- 1/2 cup pine nuts
- 4 green onions, chopped
- 2 red peppers, chopped
- 2 tbsp sesame seeds
- 4 cooked turkey sausages
- 2 cups whole wheat pasta, such as fusilli
- 4 tbsp olive oil
- 2 tbsp balsamic vinegar

METHOD:

1. Combine pine nuts, raw green onions and sesame seeds in a bowl. Add olive oil and balsamic vinegar and toss. Set mixture aside.
2. Cook the turkey sausages in a non-stick frying pan on medium to low heat.
3. Cook pasta. Once the sausages are cooked, cut them into slices and add to the pine nut and onion mixture.
4. Drain the fat from the

Weekly winners

• Exclusive contest for Metro readers! Visit 20minutesupperclub.com/metro and be entered to win a \$50 President's Choice gift certificate to stock your cupboards with delicious PC products. For product information and store locations, visit PC.ca. A weekly winner will be drawn from now until the end of October.

frying pan and toss in the chopped red pepper for 3 minutes, just to sear.

4. Add the peppers and pasta to the rest of the ingredients. Stir until thoroughly mixed and enjoy.

SERVES 2

PREP TIME: 5 MINUTES

COOK TIME: 15 MINUTES



20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at 20minutesupperclub.com

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20



As usual you're thinking of going it alone, but you'll find it easier to reach your goals if you team up with people who share your outlook on life.

LIBRA
SEPT 23-OCT 23



Any day can be a new beginning. If there is something that would make your life more rewarding, start thinking of ways you can get it. Then act.

TAURUS
APRIL 21-MAY 21



Listen to your conscience and do as it tells you, even if it puts you on a collision course with people who don't share your values.

SCORPIO
OCT 24-NOV 22



Be kind to yourself today, tomorrow and over the weekend. Even a Scorpio has weak points and they'll be apparent while the moon is full. Be careful.

GEMINI
MAY 22-JUNE 21



The right things seem to be happening at just the right time and the planets indicate you need only put a name to your desire to see it come true.

SAGITTARIUS
NOV 23-DEC 21



It might be tempting to say what others want to hear, but you'll regret it later when you have to tell them the truth. Be honest with people today.

CANCER
JUNE 22-JULY 22



If there's something you can do for someone today then do it and don't count the cost. That good deed will come back to you sooner than you think.

CAPRICORN
DEC 22-JAN 20



Be nice to people, especially those who may be of use to you in the future. Give them the respect they deserve. Let them know you're there for them.

LEO
JULY 23-AUG 23



Try not to let your heart rule your head today. Other people's tales of woe may sound credible but the planets warn it's most likely a trick.

AQUARIUS
JAN 21-FEB 18



This is a good time to plan your next vacation, especially if you've been stuck in one place too long. It won't be long before you are on the move.

VIRGO
AUG 24-SEPT 22



It's all coming together. That's great, but don't take your good fortune for granted. Enjoy the present but don't stop planning for the future.

PISCES
FEB 19-MARCH 20



You may think that if you don't get your financial house in order immediately it will be impossible to balance the books, but you are overreacting.

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BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

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1. Convent women's hot dog holders (1)
2. African republic drum for a beatnik (2)
3. Made a bird's home less tidy (1)
4. Not-quite-legit lord's wife (2)
5. Conservative wing's tough spots (1)
6. Cancel a trayful of baking cookies (1)
7. Online newsgroup message bragging (2)

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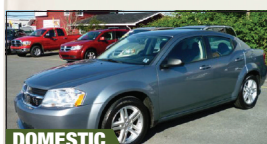
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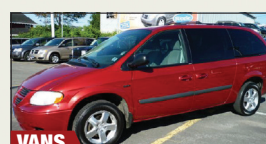
VANS

2005 CARAVAN SE

7 passenger air conditioned. 1 ONLY!

SLASHED TO: **\$7,990***

\$43 WEEK TAX INCLUDED!**



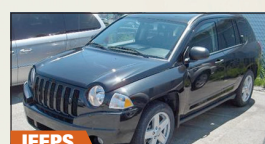
VANS

2005 GRAND CARAVAN

Sto 'nGo Seating for 7 low km

SLASHED TO: **\$9,980***

\$53 WEEK TAX INCLUDED!**



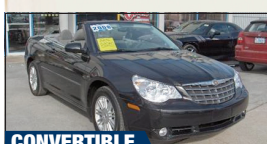
JEEPS

2008 COMPASS 4X4

5dr auto loaded moonroof. 1 ONLY!

SLASHED TO: **\$17,980***

\$72 WEEK TAX INCLUDED!**



CONVERTIBLE

2008 SEBRING TOURING

2dr auto loaded convertible 16km. 2 LEFT!

SLASHED TO: **\$19,980***

\$79 WEEK TAX INCLUDED!**



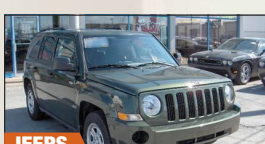
JEEPS

2007 JEEP COMPASS LTD

Loaded with leather & moonroof

SLASHED TO: **\$14,980***

\$62 WEEK TAX INCLUDED!**



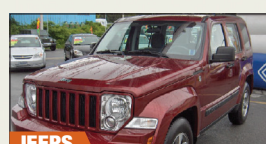
JEEPS

2009 PATRIOT NORTH 4X4

5dr auto 4wd loaded. 2 AVAILABLE!

SLASHED TO: **\$18,980***

\$76 WEEK TAX INCLUDED!**



JEEPS

2008 LIBERTY NORTH 4X4

5dr loaded low km. 2 AVAILABLE.

SLASHED TO: **\$18,980***

\$76 WEEK TAX INCLUDED!**



JEEPS

2006 LIBERTY LIMITED

4x4 auto leather moonroof. 1 ONLY!

SLASHED TO: **\$15,980***

\$74 WEEK TAX INCLUDED!**

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